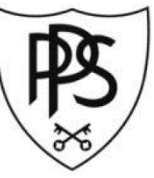


OUR SCHOOL WELLBEING DOG



WHY IS POPPY COMING TO SCHOOL

Pets are a great!

Research proves pets improve well-being by:

Helping us feel calmer

Helping make an environment happier

Helping us to want to learn

Helping us to feel positive

Giving us a shared responsibility



HOW ARE WE ALL RESPONSIBLE?

At the moment, Poppy is becoming familiar with being in school.

When Poppy is in school, we are all responsible for making sure that we are all happy and safe.

Poppy's rules are five simple steps to help Poppy when she is working in school.



Poppy's Rules



4 Paws on the Floor

I am learning to stay calm.

Please don't touch me if I'm jumping or trying to climb



Soft sensible stroking

I am learning to enjoy being touched.

Please be gentle and avoid my eyes, mouth and bottom



Calm crate time

I am learning that my crate is a safe space.

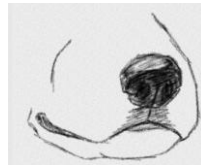
Please give me space and do not stare or poke me while I relax in here



Be a tree

I am learning to be calm when I'm around you.

If I get too excited stand up, fold your arms and be a tree to help me calm down



Mind my mouth

I am learning to explore the world without using my mouth.

Please don't put your hands near my mouth or let me nibble your clothes



RULE 1:

4 PAWS ON THE FLOOR



RULE 2:

SOFT, SENSIBLE STROKING

RULE 3:

**CALM CRATE
TIME**



RULE 4:
BE A TREE





RULE 5:

MIND MY MOUTH

WHAT CAN YOU DO?

- Check the Kite's door to see if the sign is up to tell you Poppy is in
- Remind yourself of Poppy's rules to keep you and her safe, calm and happy
- If there are things on the floor around the school, pick them up out of her reach

