

# Past enquiries that may help:

What are we? (Y1)

How do plants grown near me?

(Y2)



## How do we lead a healthy life?



Key Vocabulary					
dead / alive / never alive		Food chain		healthy	
habitats		source		balanced	
nutrition		Wild / farmed		exercise	
food		prepared		cut / chop	

What do animals, including humans, need to survive?



How can we look after our bodies?



Where does our food come from?



What would make a healthy meal?



What skills do I need to prepare a healthy meal?



How have artists used food as inspiration for their work?



What is still life painting?

**Challenge:** Create my own cold wrap for my lunch and tell someone else about why my wrap is healthy

**Engage:** do some soup food tasting

How do animals get their food?



### Know of

Knows that the food we eat has to be broad and balanced as it affects our bodies

Have a broad knowledge of fruits and vegetables

can describe how animals obtain their food from plants / other animals

Can name different sources of food

Can describe and understand a simple food chain

### Know how

Can make links between their work and the work of other artists

Can use a range of different art techniques [see school's art progression document]

Can use the principles of a healthy and varied diet to prepare dishes

Through simple tests, can explain the effects of exercise

