



Dear Children, Parents and Carers,

### Professional photos

Last Friday we had some professional photos taken of the school and pupils to use on a variety of resources, including the website and new school prospectus. While we are updating these, please see a selection within Pitton News.

### Bikeability Rescheduled—Y6

As a school, we share the frustration felt by both parents and pupils that this was cancelled by the provider last minute. We received the email that they could not source enough instructors, despite this being booked since T1, at 8pm the night before, so obviously didn't see this until the morning of Bikeability.

**This has now been rescheduled to the 14th & 15th July. I am waiting to hear back from Greentrees as to whether that'll be our base for day 2.**

### Year 6 Leavers Service

We had a lovely day out Monday at Salisbury Cathedral for the Leavers Service. This included a reflection trail that allowed Y6 to have time to think about their primary school years and how far they have come, as well as time to prepare to leave Pitton and start a new exciting journey. Over 2000 pupils took part in the service and trail and we were proud to be a part of such a special event.



### Class structure 2025-26

Wrens (Miss Pearce): R & 1  
Hawks (Mr Russell): 2 & 3  
Kites (Mrs Guymer): 4, 5 & 6

Each year we spend considerable time ensuring that pupils are placed in the most appropriate setting to meet their academic, emotional and spiritual needs. We are delighted that we are able to keep all year groups together for the next academic year, due to fluctuating numbers across Wiltshire, this is not always the case.

Best Wishes,

Emma Wilkinson

### Dates for the Diary 2024-25

**Friday 13th June**—Fathers Day bake sale  
**Tuesday 17th June**—FOPS meeting 8pm  
Silver Plough  
**Tuesday 24th June & Wednesday 25th June**—South Wilts open day (y5 pupils)  
**Tuesday 24th June**—Sports Day  
**Wednesday 25th June**—Trafalgar open day (y5 pupils)  
**Wednesday 25th June**—Saint Joseph's open day (y5 pupils)  
**Friday 27th June**—Music Concert  
**Wednesday 2nd July**—Music Concert (guitars)  
**Saturday 5th July**—Pitton Carnival  
**Thursday 10th July**—School Production  
**Pitch Up Pitton**—12th & 13th July  
**Monday and Tuesday 14th & 15th July (Y6)** —Bikeability rescheduled date  
**Wednesday 16th-18th July**—Tile Barn residential trip (Y5 & 6)

#### Key

Whole School

KS1

KS2

Selected participants/clubs/year groups

This term's value is **Peace**

*Striving for reconciliation and harmony, both within oneself and with others, as a manifestation of God's peace*



## Birthdays



**Mia & Edith F**

Remember you can wear your own clothes to school!

## A message from our Magical Mental Health Helpers:

For most people, there are significant mental health benefits associated with the summer season. Being outside in pleasant weather offers a way to re-set our minds, with the sun providing a surge of vitamin D which is good for healthy bones and teeth. When the sun rises early and sets late we also tend to be more active - walking, running, riding a bike, swimming - and physical activity is a natural and effective mood-booster.

However, for others, summer can be a struggle in more ways than one. A number of possible factors include:

- Change in sleep and eating habits due to disruption in routine
- Long journeys and/or not being able to participate in holidays or activities due to limited finances
- Health reasons such as hay-fever or heat-stroke which can lead to isolation or sadness

Anxiety over participating in activities such as Sports Day due to concern about ability or appearance

Zach says 'Slip, slap, slop and stop!'

Slip on light-weight, soft clothing,

Slop on plenty of sun cream,

Slap on a sun hat,

Stop and breathe in fresh air.

Lara says 'Stay calm!'

Avoid extravagance and communicate with others. Find someone to talk to and share your feelings, this could be a pet or even a tree.

Reuben says 'Stay hydrated!'

Drink lots of water to help with digestion, temperature regulation and energy levels.

You can also read a book, go for a bike ride, paint or stroke a pet.

Ophelia says 'Bounce it out!'

Exercise and expand energy by bouncing on a trampoline or climbing a tree. Do something you love outside in nature.

Hugo says 'Sleep!'

Sleeping has numerous benefits for both physical and mental health. A short afternoon nap or siesta can also improve your alertness and mood.

They all suggest limiting screen time to 1-2 hours per day and offer tips for long journeys:

- Listen to audio books, podcasts or music
- Play Yellow Car and collect points every time you see one (mini's score 10 points!)
- Play I Spy
- Read a book
- Suck on gummy sugar-free sweets
- Count bad Hyundai drivers!

Relax

Wishing everyone a happy and relaxing summer ☺





